

HERBS · MEDICINAL SEEDS

Fenugreek (Methi) Seeds — Pakistan Origin

Food, nutraceutical & sprouting grades · 4-hydroxyisoleucine verified · container-load FOB Karachi

COMMERCIAL GRADES

Grade	Purity	Typical use	Spec highlight
Food / Culinary	98%+	Spice blends, retail methi seed, HoReCa	Cleaned, sortex, moisture < 9%
Nutraceutical Grade	99%+	Extract manufacturing, capsule, diabetic nutra	4-HO-Ile 0.25–0.45%, saponins verified
Sprouting Grade	99%+, high germ	Micro-green, salad sprouts, retail sprouting packs	Germination 90%+, food-safe
Leaf / Kasuri Methi	99%+, dried	Retail kasuri methi, food industry	Leaf form, dried, low dust

KEY SPECIFICATIONS

Origin	Punjab & Sindh, Pakistan
Purity	98–99.5%
Moisture	< 9%
Foreign matter	< 1%
4-Hydroxyisoleucine	0.25–0.45% (nutra grade, per CoA)
Certifications	HACCP, ISO 22000, Halal, organic on request

CONTAINER LOAD PLAN

20'FCL (bagged)	25–26 MT net
40'HC (bagged)	27–28 MT net
Packing	25 / 50 kg PP bags or jute bags
Big-bags	500 kg / 1 MT FIBC available
Retail	100 g / 250 g / 500 g (private label)
Season	Harvest Mar–Apr, ships year-round

INDICATIVE FOB KARACHI — VALIDITY 7 DAYS

Product	USD / MT FOB	Typical MOQ
Food / Culinary grade	1,000 – 1,300	5 MT
Nutraceutical grade (4-HO-Ile CoA)	1,400 – 1,900	5 MT
Sprouting grade	1,300 – 1,700	5 MT
Kasuri Methi (dried leaf)	2,400 – 3,200	2 MT

Prices update with world parity and season. For a live USD/MT quote + L/C-ready PI, share destination port, Incoterm and quantity.

EXPORT DOCUMENTATION

- Commercial invoice & packing list
- Certificate of Origin
- Phytosanitary certificate
- Certificate of Analysis (per lot, SGS / private lab)
- Halal certificate
- Bill of lading / ocean B/L

COMMERCIAL TERMS

- Incoterms: FOB Karachi / CFR Mumbai, Dubai, Jeddah, Alexandria, Rotterdam
- Payment: 30% TT + 70% vs scanned B/L, or L/C at sight
- Loading lead-time: 12–18 days from PI signature
- Private-label bag / retail pack from 5 MT
- Nutraceutical CoA with every lot (4-HO-Ile, saponins)
- Validity: quoted prices firm for 7 days

Ready for a firm quote?

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Email: info@herbnseed.com
Web: herbnseed.com/contact.html

Buyer Guide

Full market-by-market guide on herbnseed.com/blog/fenugreek-seeds-exporter-pakistan.html